

Stamily Erasmus+ Youth Exchange 2026



What is the Stamily Erasmus+ Youth Exchange?

A youth exchange programme for young people who stutter or clutter, funded by Erasmus+ and organized by Stamily (stamily.org). A week full of workshops, activities and intercultural encounters that provide participants with a safe space to share, learn and strengthen their self-confidence. The focus is on exchange and mutual understanding, without speech therapy. The programme is organised by people who stutter or clutter themselves, creating a particularly authentic, welcoming and supportive environment. Each Youth Exchange involves 6 countries, each represented by a group of 7 participants.

We are looking for you if you ...

- stutter or clutter (regardless of your individual symptoms)
- live in Austria
- are 18–30 years old
- are free from the 17th until the 25th of July 2026
- have communicative English skills and an interest in English-language exchange
- want to meet other people who stutter or clutter, exchange experiences and develop personally in the process

Over 30 or interested in a supporting role?

Join the Austrian team as a staff volunteer and help create a safe, empowering exchange experience! There is no participation fee for staff volunteers.

Key facts

- **Participating countries:** Austria , the Netherlands , Greece , France , Norway 
- **When:** 17.–25.07.2026 (first and last day are travel days)
- **Where:** Lemele, the Netherlands 
- **Accommodation:** Erve Aaftink (erveaaftink.nl), group accommodation with shared rooms
- **Costs:**
 - **Participation fee:** €125 (accommodation, meals and activities included)
 - **Travel costs** are covered by the participant and reimbursed by Erasmus+ after the exchange.

(**Travel reimbursement:** € 386-521, depending on travel type)

The participation fee should not be an obstacle. Contact us, and we will find a solution together!

Curious?

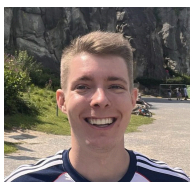
You can find all important and up-to-date information on our website at oesis.at/youth-exchange.

At stamily.org/youth-exchanges you will find many videos, blog posts and testimonials from previous Youth Exchanges, like the aftermovie from the Youth Exchange 2024 (youtu.be/xTcPRgOifz4). Let the stories of former participants inspire you and get a taste of what awaits you at our Youth Exchanges!


Patrik Plöchl, ÖSIS board member and Austrian Youth Exchange group leader, took part in the Youth Exchange 2025 in the Netherlands. You can find his experience report in German at oesis.at/bericht-ueber-die-stamily-erasmus-youth-exchange-woche and in English at stamily.org/post/was-the-ye-a-life-changing-experience-for-me.

Interested?

If you are interested or have any questions, please contact:



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: oesis.at/youth-exchange